



MINNETONKA BASEBALL

I. Team Policies & Rules:

A. Players will abide by the following policies/rules-

1. Do nothing that would embarrass the team or one's teammates.
2. Adhere to all Minnetonka Public School Policies as well as specific standards established by the coaching staff.
3. Attend Class.
4. Sleep and eat properly.
5. Be on time to practices and games. (The bus does not wait nor do coaches.)
6. Communicate directly with coaches about any potential problems that will involve you and /or team.
7. Show respect to Family, Teammates, Umpires, Fans, and the game of Baseball.
8. Uniforms will be worn properly from top to bottom.
9. Hair will be cut and trimmed properly.
10. No facial hair and clean shaven on game day. (Sideburns no longer than bottom of ear.)
11. Spikes will be shined or cleaned on Game Day.
12. Hustle is not only expected it is demanded at all times.

Consequences that are not related to MHS or MSHSL policies will be dealt with on a one-on-one basis by the coaching staff. You are representing yourself most of the time so, trust your judgment. If you question it-it is not right for you!

II. Team related activities:

A. Players will be involved with the following-

1. "Ambassador Assistant Coach" Program

This is a program has players working as Assistant Coaches to Tonka babe Ruth, East Tonka & South tonka Little Leagues. We will help with practice coaching in these leagues.

2. "2010 Skipper Baseball Calendar" Sales

This will be our annual fund raiser that will bring funds into our program as well as to all of baseball in the Minnetonka Baseball system.

3. Veterans Groups-TBD.

III. MHS Fees/Registration:

Before players can tryout they are required to have fees paid, a physical on record not older than three years, a signed MSHSL eligibility form, and an Emergency Card filled out for Baseball. (If any of the above is not complete, the player will not be able to tryout.) Participation fee is \$60 and is paid only one time a year. The Activity Fee for baseball is \$108 per athlete.

Tryout Criteria:

1. Skills will be evaluated by all coaches for all teams-9th/10th/Junior Varsity/Varsity.
2. Areas to be evaluated-
 - a. Hitting
 - b. Bunting (Sacrifice/Drag/Push/Squeeze)
 - c. Throwing (Strength and Accuracy)
 - d. Fielding (Ground Balls and Flyballs)
 - e. Running (60 yd/Home to 1st/Home to 2nd/Home to Home/Agility Speed)
 - f. Team Drills (Cuts & Relays/Pre-game Infield)
 - g. Hustle
 - h. Game Intelligence (Situations)
 - i. Pitching (Pitch Control/Number of Pitches with Control/Velocity/Arm Action)

All Players that make a team for 2010 are expected to be at all practices. Any questions that are related to any or all the baseball information presented here need to contact **Coach Twenge** directly at **(952)401-5902**.

Minnetonka Baseball Teams will be good sons, good citizens, good leaders, good students, good teammates, and the 1st team on the field-1st team off the field-1st player waiting for the opponent's pitcher to pitch.

SBBM: C+I=C=W!!

MINNETONKA SKIPPERS BASEBALL INFORMATION SHEET

**MINNETONKA HIGH SCHOOL
18301 HIGHWAY #7
MINNETONKA, MN 55345**

**SCHOOL YEAR 2009-10 _____
YEAR IN SCHOOL _____**

Print clearly-this Information will be shared with College Coaches & Professional Scouts

NAME _____ YOUR AGE _____

ADDRESS _____

CITY _____ STATE _____ ZIP _____

DATE OF BIRTH _____ PLAYER EMAIL _____

PARENTS NAMES (full names) _____

PARENTS EMAIL _____

HOME PHONE.(____)_____ YOUR CELL (____)_____

EMERGENCY PHONE (____)_____

BAT __ THROW ____ HT _____ WT _____ YOUR BEST POSITION(s) _____

GLASSES _____ CONTACTS _____ NONE _____

BRIEF HISTORY of INJURIES (if any) _____

60 YARD DASH TIME _____ 40 YARD DASH TIME _____ (both or one time)

***Information below is for Seniors and Juniors only:**

UNIVERSITIES/COLLEGES YOU ARE INTERESTED IN POSSIBLY ATTENDING:

1. _____ 2. _____ 3. _____ 4. _____

ACT/SAT Score(s) _____ H.S. GPA _____ Class Rank _____

Possible Major in College 1. _____ 2. _____

"TONKA PRIDE"

**Paul O. Twenge, Head Baseball Coach
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